



My morning steps

Our morning, one step at a time.

1



Get dressed

☐

2



Eat breakfast

☐

3



Brush my teeth

☐

4



Check my bag

☐

5



Put on my shoes

☐

6



Get ready to go together

☐

We can ask for help. Our steps can change.

growmindgrow.com/tools/morning-routine-chart